



# **Self Scoring Mayers-Briggs Preference Questionnaire. (Personality Test)**

*This is a Mayers-Briggs type personality test. The Test are meant as an introduction to elements of Psychometrics.*

*Please note that the tests in this collection are a simplified version of tests given by professional.*

*The collection will introduce the reader to Personality testing and will if used correctly give an indication of your Personality.*

***Disclaimer:***

*These tests are not meant to replace a professional examination. The accepted view is that the only valid test is an individual test administered by a qualified professional*

## THE MYERS-BRIGGS PREFERENCE QUESTIONNAIRE (Personality Test)

- This is a 20 question questionnaire designed to help see who you are.
- Self-evaluating is not foolproof.
- Even when test-takers answer honestly, there are reasons why the score is different from their true type.
- Taking this questionnaire is one step to determine your personality type.
- Consider the results with objectivity and caution.

## MYERS-BRIGGS Directions:

- For each of the following 20 prompts choose a. or b.
- Record your answers on the score sheet directly below question
- The score sheet runs horizontally along the row before going down
- Choose the answer that you think most accurately describes you
- Even if you agree with both answers, check one you agree with more.
- Answer as you really are, not you want to be.
- Make choices for the majority of your life situations.
- Having strong interests should not be used to cloud the results.
- Think of situations in which you are free to be yourself.
- There are no right or wrong answers.
- Answer honestly.

# MYERS-BRIGGS Questionnaire

1. a. expend energy, enjoy groups or b. conserve energy, enjoy one-on-one  
2. a. interpret literally or b. look for meaning and possibilities
3. a. logical, thinking, questioning or b. empathetic, feeling, accommodating
4. a. organized, orderly or b. flexible, adaptable
5. a. more outgoing, think out loud or b. more reserved, think to yourself
6. a. practical, realistic, experiential or b. imaginative, innovative, theoretical
7. a. candid, straight forward, frank or b. tactful, kind, encouraging
8. a. plan, schedule or b. unplanned, spontaneous
9. a. seek many tasks, public activities, interaction with others  
b. seek private, solitary activities with quiet to concentrate
10. a. standard, usual, conventional or b. different, novel, unique
11. a. firm, tend to criticize, hold the line or b. gentle, tend to appreciate, conciliate
12. a. regulated, structured or b. easygoing, "live" and "let live"
13. a. external, communicative, express yourself or b. internal, reticent, keep to yourself
14. a. focus on here-and-now or b. look to the future, global perspective, "big picture"
15. a. tough-minded, just or b. tender-hearted, merciful
16. a. preparation, plan ahead or b. go with the flow, adapt as you go
17. a. active, initiate or b. reflective, deliberate
18. a. facts, things, "what is" or b. ideas, dreams, "what could be," philosophical
19. a. matter of fact, issue-oriented or b. sensitive, people-oriented, compassionate
20. a. control, govern or b. latitude, freedom

## Example: MYERS-BRIGGS Questionnaire

	a.	b.	a.	b.	a.	b.	a.	b.
• 1.	x		2.	x	3.	x	4.	x
• 5.	x		6.	x	7.	x	8.	x
• 9.	x		10.	x	11.	x	12.	x
• 13.	x		14.	x	15.	x	16.	x
• 17.	x		18.	x	19.	x	20.	x
Total	4	1	Total	2	3	Total	4	1
• E	I		S	N	T	F	J	P

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# MYERS-BRIGGS Score Sheet

	a.	b.	a.	b.	a.	b.	a.	b.
• 1.		2.			3.		4.	
• 5.		6.			7.		8.	
• 9.		10.			11.		12.	
• 13.		14.			15.		16.	
• 17.		18.			19.		20.	
• Total		Total			Total		Total	
•	E	I	S	N	T	F	J	P

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# MYERS-BRIGGS Explanation

- The original ideas of the Myers-Briggs Type Indicator (MBTI) were created by Carl Gustav Jung in 1921.
- The actual test was officially published in 1962. The test was created to help determine which careers would be best for women as they entered the workforce for the first time during WWII.
- It is a psychological analysis examination that determines a person's psychological makeup and how they perceive and make decisions.

The test is made of four different dichotomies or personality descriptions. One can either be:

1. Introverted or Extroverted
2. Sensing or Intuitive
3. Thinking or Feeling
4. Judging or Perceptive

# MYERS-BRIGGS Meaning

Extravert	Introvert	Sensing	Intuitive	Judging	Feeling	Perceiving
Initiating	Receiving	Concrete	Abstract	Systematic	Empathetic	Casual
Expressive	Contained	Realistic	Imaginative	Planning	Compassionate	Open-ended
Gregarious	Intimate	Practical	Conceptual	Early Starting	Accommodating	Prompted
Active	Reflective	Experiential	Theoretical	Scheduled	Accepting	Spontaneous
Enthusiastic	Quiet	Traditional	Original	Methodical	Tender	( 7 )
						Emergent

# Careers for Personality Type

## Protector (SJ) Career Matches

### **ESTJ - Overseer**

- Accountant
- Auditor
- Banker
- Administrator
- Business Analyst
- Computer Specialist
- Detective
- Economist
- Editor
- Engineer
- Financial Officer
- Government Worker
- Insurance Agent
- Judge
- Lecturer
- Librarian
- Manager
- Marketer
- Military Leader
- Police
- Researcher
- Sales
- Scientist
- Senior Manager
- Teacher
- Teacher/Professor
- Technical Specialist
- Underwriter
- Writer

### **ESFJ - Supporter**

- Accountant
- Administrative Assistant
- Administrator
- Bookkeeper
- Child Care
- Church Worker
- Counselor
- Dental Assistant
- Family Doctor
- Homemaker
- Human Resources
- Marketer
- Nurse
- Office Manager
- Organization Leader
- Radiologist
- Receptionist
- Researcher
- Social Worker
- Speech Therapist
- Teacher
- Trainer

# Careers for Personality Type Protector (S) Career Matches

## ISTJ - Examiner

- Accountant
- Mechanical Engineer
- Auditor
- Military Leader
- Computer Police
- Programmer/Software Developer
- Computer Specialist
- Dentist
- Detective
- Doctor
- Electrician
- Executive
- Financial Officer
- Judge
- Lawyer/Attorney
- Librarian
- Manager
- Marketer
- Math Teacher

## ISFJ - Defender

- Accountant
- Actor
- Administrative Assistant
- Administrator
- Artist
- Auditor
- Banker
- Bookkeeper
- Business Analyst
- Career Counselor
- Child Care
- Church Worker
- Clerical Supervisor
- Counselor
- Designer
- Doctor
- Early Childhood Development
- Economist
- Editor
- Entrepreneur
- Gardener
- Health Service
- Homemaker
- Human Resources
- Interior Decorator
- Librarian
- Marketer
- Medical Technologist
- Military
- Nurse
- Office Manager
- Paralegal
- Police
- Psychologist/Counselor
- Researcher
- Scientist
- Shopkeeper
- Social Worker
- Writer

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# Careers for Personality Type Creator (**SP**) Career Matches

## **ESTP - Persuader**

- Agent
- Auditor
- Carpenter
- Comedian
- Computer Tech Support
- Computer Technician
- Craftsman
- Detective
- Driver
- Engineer
- Entrepreneur
- Farmer
- Firefighter
- Laborer
- Marketer
- Military
- Network Specialist
- Paramedic/EMT
- Police
- Project Manager
- Sales
- Computer Tech Support
- Computer Technician
- Craftsman
- Detective
- Driver
- Engineer
- Entrepreneur
- Farmer
- Firefighter
- Laborer
- Marketer
- Military
- Network Specialist

## **ESFP - Entertainer**

- Actor
- Adminstrative Assistant
- Artist
- Child Care
- Church Worker
- Coach
- Comedian
- Entrepreneur
- Fashion Designer
- Human Resources
- Interior Decorator
- Lawyer/Attorney
- Marketer
- Musician
- Painter
- Photographer
- Psychologist/Counselor
- Receptionist
- Recreation Worker
- Sales Scientist
- Social Worker
- Supervisor
- Systems Analyst
- Technical Specialist
- Trainer

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# Careers for Personality Type

## Creator (SP) Career Matches

### ISTP - Craftsman

- Athlete
- Business Analyst
- Carpenter
- Computer Programmer
- Computer Specialist
- Construction Worker
- Dental Hygienist
- Detective
- Driver
- Electrical Engineer
- Engineer
- Entrepreneur
- Farmer
- Firefighter
- Forensic Pathologist
- Human Resources
- Marketer
- Mechanic
- Military
- Motorcyclist
- Paramedic/EMT
- Pilot
- Police
- Probation Officer
- Project Manager
- Sales
- Representative
- Scientist
- Steelworker
- Systems Analyst
- Technical Specialist
- Transportation
- Operative
- Forest Ranger
- Homemaker
- Librarian
- Mechanic
- Medical Staff

### ISFP - Artist

- Musician
- Naturalist
- Nurse
- Pediatrician
- Personal Service
- Physical Therapist
- Psychologist
- Social Worker
- Teacher
- Administrative Assistant
- Artist
- Carpenter
- Chef
- Child Care
- Church Worker
- Clerical Supervisor
- Composer
- Counselor
- Dental Staff
- Designer
- Early Childhood Development
- Editor
- X-Ray Technician

# Careers for Personality Type

## Intellectual (**NT**) Career Matches

### ENTJ - **Chief**

- Business Administrator
- Computer Consultant
- Corporate Executive Officer
- Entrepreneur
- Judge
- Lawyer/Attorney
- Manager
- Mortgage Banker
- Politician
- Scientist
- Systems Analyst
- Teacher/Professor

### ENTP - **Originator**

- Actor
- Artist
- Comedian
- Computer Analyst
- Computer Programmer
- Consultant
- Designer
- Engineer
- Entrepreneur
- Inventor
- Journalist
- Lawyer/Attorney
- Marketer
- Musician
- Photographer

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# Careers for Personality Type

## Intellectual (NT) Career Matches

### INTJ - Strategist

- Business Administrator
- Computer Consultant
- Corporate Executive Officer
- Entrepreneur
- Judge
- Lawyer/Attorney
- Manager
- Mortgage Banker
- Politician
- Scientist
- Systems Analyst
- Teacher/Professor

### INTP - Engineer

- Actor
  - Agent
  - Archaeologist
  - Architect
  - Artist
  - Computer Animator
  - Computer Programmer
  - Computer Specialist
  - Consultant
  - Economist
  - Engineer
  - Financial Planner
  - Forestry/Park Ranger
  - Historian
  - Human Resources Manager
  - Interpreter/Translator
  - Inventor
  - Investigator
  - Investment Banker
- Judge
  - Lawyer/Attorney
  - Legal Mediator
  - Logician
  - Marketer
  - Mathematician
  - Musician
  - Network Specialist
  - Philosopher
  - Photographer
  - Project Manager
  - Psychiatrist
  - Psychologist
  - Researcher
  - Scientist
  - Strategic Planner
  - Systems Analyst
  - Teacher/Professor
  - Technical Writer

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# Careers for Personality Type

## Visionary (NF) Career Matches

### **ENFJ - Mentor**

- Accountant/Auditor      Musician
- Actor                      Nurse
- Administrative Assistant      Occupational Therapist
- Artist                      Politician
- Administrator              Project Manager
- Artist                      Psychiatrist
- Banker/Economist        Psychologist/Counselor
- Career Counselor         Sales Representative
- Church Worker            Scientist
- Computer Specialist     Senior Manager
- Consultant                Social Worker
- Designer                  Teacher/Professor
- Diplomat                 Technical Specialist
- Editor                      Trainer
- Engineer                  Writer
- Events Coordinator      Homemaker
- Facilitator                Human Resources
- Homemaker                Journalist
- Human Resources        Lawyer/Attorney
- Librarian                  Marketer
- Librarian                  Massage Therapist

### **ENFP - Advocate**

- Accountant/Auditor      Merchandise Planner
- Actor                      Musician
- Art Director              Newscaster
- Artist                      Nurse
- Banker/Economist       Occupational Therapist
- Career Counselor       Painter
- Church Worker           Politician
- Conference Planner     Project Manager
- Designer                 Psychologist/Counselor
- Dietitian/Nutritionist   Public Relations
- Diplomat                Researcher
- Editor                      Scientist
- Engineer                 Senior Manager
- Entrepreneur            Social Worker
- Homemaker               Speech Pathologist
- Human Resources       Teacher/Professor [ 14 ]
- Journalist                Trainer
- Lawyer/Attorney        Technical Specialist
- Marketer                 Writer

# Careers for Personality Type

## Visionary (NF) Career Matches

### INFJ - Confidant

- Actor
- Alternative Medicine
- Artist
- Child Care Worker
- Child Development
- Chiropractor
- Church Worker
- Clergy
- Consultant
- Dentist
- Designer
- Doctor
- Educational Consultant
- Entrepreneur
- Human Resources
- Librarian
- Marketer
- Missionary
- Musician
- Photographer
- Psychiatrist
- Psychologist/Counselor
- Social Worker
- Systems Analyst
- Teacher/Professor
- Trainer
- Writer
- Activist
- Actor
- Architect
- Artist
- Church Worker
- Counselor
- Editor
- Educational Consultant
- Employee
- Development Specialist
- Fashion Designer
- Filmmaker
- Graphic/Web Designer
- Holistic Health
- Practitioner
- Human Resources
- Journalist
- Legal Mediator
- Librarian
- Massage Therapist
- Minister
- Missionary
- Musician
- Photographer
- Physical Therapist
- Psychologist/Counselor
- Researcher
- Social Scientist
- Social Worker
- Speech Pathologist
- Teacher/Professor
- Translator/Interpreter
- Video Editor
- Writer

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